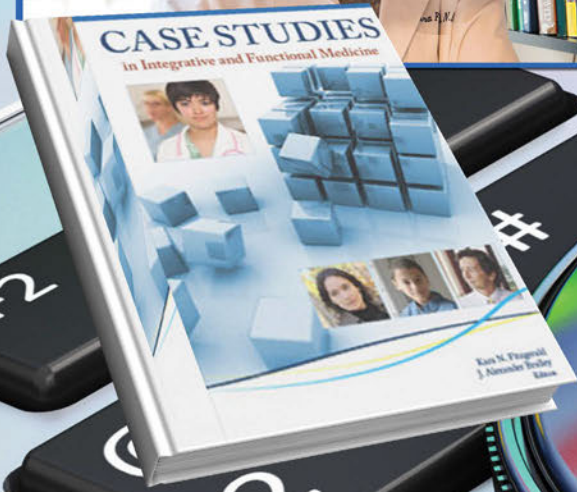


DR KARA FITZGERALD PRESENTS: CASE MANAGEMENT FOR **FUNCTIONAL MEDICINE** CLINICIANS



12 Webinar Online Course

Doctors will learn through apprenticeship, example and case histories. These functional medicine case studies are the next best thing to being a master's apprentice, a window in the thinking behind the practical application of functional medicine. Essential reading for any serious student of functional medicine.

- Mark Hyman, MD
Chairman, Institute for Functional Medicine

Dr. Kara Fitzgerald received her doctorate of Naturopathic Medicine from National College of Natural Medicine in Portland, Oregon. She is lead author and editor of Case Studies in Integrative and Functional Medicine, a contributing author to Laboratory Evaluations for Integrative and Functional Medicine and the Institute for Functional Medicine's updated Textbook for Functional Medicine. She has been published in numerous peer-reviewed journals.

Her residency was completed at Progressive Medical Center, a large, integrative medical practice in Atlanta, Georgia. She completed the first CNME-accredited post-doctorate position in nutritional biochemistry and laboratory science at Metamatrix (now Genova) Clinical Laboratory under the direction of Richard Lord, Ph.D.

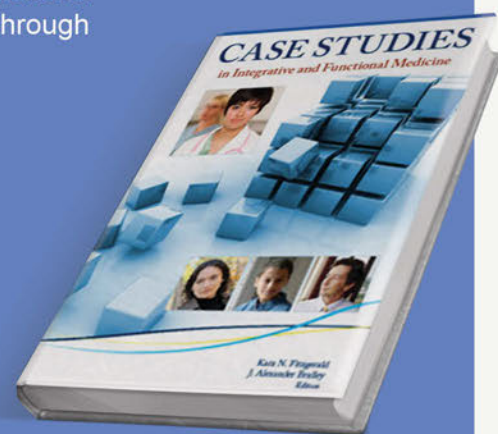
She is on faculty at The Institute for Functional Medicine, and is a Functional Medicine Certified Practitioner. She is a clinician researcher for The Institute for Therapeutic Discovery and regularly lectures internationally for several organizations. She runs a successful private practice in Sandy Hook, Connecticut.

The program includes:

Case Studies in Integrative and Functional Medicine illustrating integrative and functional medicine applied in clinical practice to help patients achieve satisfying outcomes through robust, integrated, functional clinical assessment and treatment programs. This book contains case studies in a range of complexities reflective of real-life, day-to-day clinical practice.

Book features:

- A 21st-century functional medicine approach to treating patient disease
- Categorized by eleven common disease categories including genetics, autoimmune, gastrointestinal, and more
- Highly referenced cases to back science-based medicine
- Difficult clinical cases from highly skilled functional medicine clinicians
- Determine how to achieve a functional clinical assessment and treatment program
- Includes case studies using the Functional Medicine Matrix Model for evaluation and treatment



Twelve case-based webinars on commonly encountered conditions:

- Allergic disease: chronic sinusitis & allergic migraine, atopic dermatitis
- Autoimmune disease: Hashimoto thyroiditis, celiac, rheumatoid arthritis
- Gastrointestinal disorders: SIBO/dysbiosis, ulcerative colitis, GI candidiasis
- Cardiovascular/metabolic disease: Type II diabetes, hypertension
- Endocrine: Adrenal fatigue
- Neurological: Migraine & depression

Cases include history and physical exam findings, pre and post laboratory testing, detailed treatment plans and follow-up reports.

Discussions relating to epidemiology and pathophysiology, laboratory interpretation and treatment rationale will be included. Systems concepts, including epigenetics and genetic contributors will be covered. Learn how to "lean on the Matrix" to support you in designing effective, systems-based plans with high leverage.

Who can apply?

Applicants must be a graduate of an accredited medical, osteopathic, chiropractic, nursing, naturopathic, homeopathic, dietetics, acupuncture, pharmacy, physiotherapy, nutritional therapy or other program in South Africa, United Kingdom, USA or any other country.

How much will the whole program cost?

You receive access to all the aforementioned online webinars and a hard copy of Case Studies in Integrative and Functional Medicine, for only **R5.500 (excl. V.A.T.)** for full a year of 12 webinar sessions in our study group series.